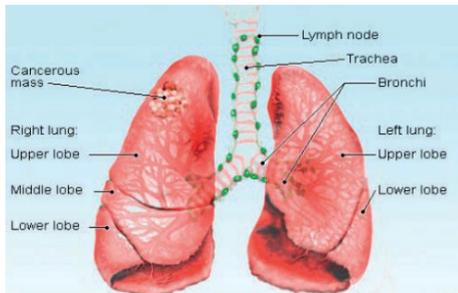


IS THERE AN ALTERNATIVE TO ONCOLOGY TREATMENT?



CANCER touched our lives, directly or indirectly.

This article aims to help people make better informed choices when faced with this condition.

This article is just a sample from just a few of those whose voices are constantly being shouted down by conventional Oncology treatment.

Dr Tim O'Shea ('The Doctor Within')

"A German epidemiologist from the Heidelberg/Mannheim Tumour Clinic, Dr. Ulrich Abel has done a comprehensive review and analysis of every major study and clinical trial of chemotherapy ever done. His conclusions should be read by anyone who is about to embark on the Chemo Express.

To make sure he had reviewed everything ever published on chemotherapy, Abel sent letters to over 350 medical centres around the world asking them to send him anything they had published on the subject.

Abel researched thousands of articles: it is unlikely that anyone in the world knows more about chemotherapy than he.

The analysis took him several years, but the results are astounding: Abel found that the overall worldwide success rate of chemotherapy was "appalling" because there was simply no scientific evidence available anywhere that chemotherapy can "extend in any appreciable way the lives of patients suffering from the most common organic cancers."

Abel emphasizes that chemotherapy rarely can improve the quality of life. He describes chemotherapy as "a scientific wasteland" and states that at least 80 percent of chemotherapy administered throughout the world is worthless and ...there is no scientific evidence that it works! - **Lancet 10 Aug 91.**

Dr Ralph Moss, author of 'The Cancer Industry'

"...there is no proof that chemotherapy actually extends life in the vast majority of cases...the great lie about chemotherapy, that somehow there is a correlation between shrinking a tumour and extending the life of a patient."

Allen Levin, MD University of California, San Francisco Medical Center: 'The Healing of Cancer'

"Most cancer patients ...die of chemotherapy. Chemotherapy does not eliminate breast, colon, or lung cancers.

This fact has been documented for over a decade, yet doctors still use chemotherapy for these tumours."

Phillip Day, author of 'Cancer: Why We're Still Dying to Know the Truth'

"Many people just gulp, enter the cancer tunnel and hope they come out the other end." We encourage you to do your own research before making any life-changing decision about your condition.

QUESTION: Are there any "alternative" therapies that cure cancer?

ANSWER: Yes, Among the many, Frequency (Bio-resonance) Therapy is the frontrunner here. Harmless and non-invasive, it has a proven track record worldwide as THE number 1 Therapy for detecting and curing cancer.

Frequency Therapy targets and kills cancer cells, including the microbes in the organs and bloodstream. Early detection is the secret.

Numerous patients of SoundWaves Health Clinic are living proof of the success of their Non Linear Diagnostic System, in detecting and treating tumours and cancer.

Article by: Annemarie de Villiers

For more information contact Frequentologist Charl de Villiers at 0832679745 or visit www.soundwaves@gettimely.com

OCTOBER IS MENTAL HEALTH AWARENESS MONTH



Photo: Shark & Elephant - Photo Credit: Cathy Williams

Mental Health Awareness Month is celebrated annually in October, and this year Cape Mental Health (CMH), will be raising awareness around 'Dignity in Mental Health'.

Dignity is our inherent value and worth as human beings; everyone is born with it. One in four persons in all communities worldwide has a mental health condition, and one in every four people has, at some point in their lives, experienced a loss of dignity because of their mental health condition.

Cape Mental Health holds aloft its umbrella of care and advocacy to restore the dignity that lives within their service users and to address external factors that erode their dignity by offering comprehensive, proactive and enabling mental health services in the Western Cape.

Although South Africa has legislation in place to ensure the protection of the rights of people with psychiatric and intellectual disabilities, it is our ongoing responsibility to ensure that this legislation is implemented so that all South Africans are treated with dignity and respect.

BornToFly

#BornToFly is the theme of the 22nd Cape Town International Kite Festival which will fill the sky with incredible kites on 29 - 30 October 2016 at Zandvlei Nature Reserve, Muizenberg. "We believe everyone is born with potential to fly beyond life's circumstances," says Ingrid Daniels, director of Cape Mental Health.

"Our mission is to help people realise their potential and overcome mental health challenges they may encounter. Kites are one of the tools we use. Almost everyone feels lighter when they simply lift their heads and look up." This is Africa's biggest kite festival. Kites from Canada, China, Germany, England, Netherlands, New Zealand, Singapore and all over South Africa are expected to attend.

It is also South Africa's biggest mental health awareness event, with 100% of the profit going to help provide vital mental health services to children and adults in Cape Town. The festival offers affordable, feel-good, family fun with free kite-making workshops daily, including specialist sessions with master kite-maker Ebrahim Sambo, showing how to create a traditional Cape Swaeltjie (Swallow) kite.

For more information visit www.capementalhealth.co.za

NEW PSYCHIATRIC UNIT FIRST OF ITS KIND IN CAPE WINELANDS

The Cape Winelands District is now home to a fully functional Psychiatric Unit, which is the first of its kind for the region. The newly constructed unit, located at Paarl Hospital, was officially inaugurated by the Western Cape Minister of Health, Dr Nomafrench Mbombo.

Valued at approximately R35 million, the modern Psychiatric Unit boasts 30 beds, 17 male and 13 female, with an Outpatient Department, four consulting rooms, 3 seclusion rooms and a number of service areas.

"The Unit also makes provision to care for mental health clients with infectious diseases, living and rehabilitation areas as well as recreational divisions such as courtyards and verandas."

"The Unit will also have a staff compliment of 36, including 3 Specialists, 2 Medical Officers and 26 Nursing staff," highlights Dr Breslau Kruger, Chief Executive Officer at Paarl Hospital.

According to Kruger, psychiatric services at Paarl Hospital continue to remain under pressure, particularly as a result of the high rate of substance abuse, acuity of patient illness and other social factors. "Approximately 50% of mentally ill patients have a substance abuse problem, with the top three substances including cannabis, tik or methamphetamine and alcohol."



Photo: Western Cape Minister of Health, Dr Nomafrench Mbombo

Individuals who abuse substances often have very high levels of co-occurring mental and physical health problems," highlights Kruger.

Charl Prinsloo, Head of Psychiatry at Paarl Hospital, says the new Psychiatric Unit will enable the psychiatric team to assist more patients, especially in the Outpatient Department. Mbombo acknowledged that the underlying success of the helping individuals with a mental illness is the community.

"Over the past years, community involvement has emerged as a central focus within the public healthcare delivery system, especially as a fundamental medium of care for mental health clients."

"In order to make a valuable difference in the lives of mental health clients and reduce stigma associated with mental illness, we require the support from our communities," concludes Mbombo.